



Product information

NA FUEL GEL CARB ENERGY SICILIAN LEMON / Flavor: Sicilian Lemon / Sports Nutrition: Energy and Endurance

Art.Nr.: 681221.000 / GTIN: 7640145041839 / manufacturer: [NUTRIATHLETIC](#)



2,90 CHF

plus Shipping

 **FREE SHIPPING from CHF 150** (except bulky goods)
in Delivery between **Thu 29. Oct - Mon 02. Nov 2020**

More than 10 in stock



Product information



Sports Nutrition: Energy and Endurance

Feature: Sicilian Lemon

NUTRIATHLETIC NA FUEL GEL CARB ENERGY SICILIAN LEMON is a carbohydrate gel designed for activities—such as on-court play, running workouts, or longer training sessions—where a steady energy supply is needed. The Sicilian Lemon variety has a lemony flavor and is well-suited for intense training and competition phases in endurance sports.

- Product Type: Carbohydrate gel for sports nutrition
- IntendedUse: Energy supply during endurance activities
- Sports Application: Suitable for high-intensity training and competition
- Flavor: Sicilian Lemon
- Consistency: Gel for quick and easy consumption during exercise
- When to Use: Best used before or during longer training sessions

Especially in hockey—with its repeated sprints, short recovery periods, and fast pace—a portable energy source is often more helpful than more elaborate nutrition. A carb gel like this is therefore primarily aimed at performance-oriented players and endurance athletes who prefer a compact solution during tournaments, intense training blocks, or longer runs. The gel form is easy to use on the go when there's hardly any time for solid food.

When it comes to sports nutrition, it's worth taking a quick look at how well you tolerate the product and your personal nutrition routine during training before using the gel in competition.
