



Product information

NA PLANT PROTEIN WATER PUERTO RICAN PIÑA COLADA / Flavor: Puerto Rican Piña Colada / Sports Nutrition: Muscle Building and Strength Training

Art.Nr.: 681243.000 / GTIN: 7640145041716 / manufacturer: [NUTRIATHLETIC](#)



4,90 CHF

plus Shipping

 **FREE SHIPPING** from **CHF 150** (except bulky goods)
Free Delivery between **Thu 29. Oct - Mon 02. Nov 2026**

More than 10 in stock



Product information



Sports Nutrition: Muscle Building and Strength Training

Feature: Puerto Rican Piña Colada

NUTRIATHLETIC NA PLANT PROTEIN WATER Puerto Rican Piña Colada is a reduced-calorie protein water for workout days when you need a light, ready-to-drink supplement. The Puerto Rican Piña Colada variety combines a flavored profile with 5 percent rice protein and is well-suited for workouts focused on muscle and strength building when heavy shakes aren't the priority.

- Product Type: Low-calorie, flavored protein water
- Protein source: 5 percent rice protein
- IntendedUse: Sports nutrition for muscle-building and strength training
- Ingredients: Water, resistant corn dextrin, erythritol, natural flavor, phosphoric acid, sucralose
- Flavor: Puerto Rican Piña Colada
- Processing: pasteurized, contains sweeteners
- Nutritional values per 100 g: 24 kcal, 4.0 g protein, 1.5 g carbohydrates, less than 0.5 g sugar, less than 0.5 g fat, 0.04 g salt

Especially in the daily routine of an athlete, when there's little time left between work, training, and recovery, a simple solution is key. This drink provides protein in liquid form while remaining low in calories. For athletes who train regularly and are looking for a light alternative to traditional protein shakes—especially during strength training or intense weeks—this is often more practical and pleasant to drink in everyday life.

For those who prioritize taste and a lighter consistency in sports nutrition, this rice protein-based option is a clear choice.
